



06 October 2014

# Birkenhead Swim News

AND another one hot off the press!



**PENINSULAR ALL CLUBS GALA  
EUROPA POOLS  
SUNDAY 14 SEPT**

OK, this gala is basically the gala where all Wirral clubs compete together for the one-off title of champion. Basically the aquatic FA Cup of Wirral! And the teams present showed that intent, both Bebington and Hoylake turning out strong teams who battled it out to the last event with only 3 points the difference at the end. However we were there, taking some races against these strong teams and ending the gala in a clear third place. So a big well done to all our team who were there on the day. The team was chosen to deliver the maximum points we could attain and not for development purposes; so a big thank you to those swimmers with

**OUR SESSIONS ARE BEING USED FOR COACH TRAINING DURING 3 WEEKENDS IN OCTOBER. WE NEED AS MANY SWIMMERS AS POSSIBLE IN THESE SESSIONS FOR THE WHOLE LENGTH OF THE SESSION. PLEASE SEE OTHER BOX ON THIS PAGE FOR DATES AND TIMES.**

one or two relay swims, they are just as valuable as every other team member in this situation and we appreciate their commitment. The result was:

Hoylake	215
Bebington	212
<b>Birkenhead</b>	<b>124</b>
Woodchurch	106
Ellesmere Port	89
Wallasey	DNA

Only one swimmer per event and no spare lane swims, this gala is a winner takes all event. Our relays did not finish above 3<sup>rd</sup> throughout the gala and this shows the strength in depth available to those top two clubs, a volume of swimmers we must seek to match, so bring your friends and family down to the club and see how they get on, but back to the gala report!

11 year olds and good races from the girls with Niamh Wyld in the free and back whilst Grace Long swimming the breast and fly. The boys in this age group and a pair of wins for Ellis Cleworth taking the 50 back and fly, superb effort in tough competition. Billy Jardine swimming well in the free and breast. The medley relay supported by Ciaran Doughty and Will Jones in a creditable and close 3<sup>rd</sup> place.

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### Dates and time for coach training course pool sessions:

**Fri 03 Oct 19:00 - 21:00**  
**Sat 04 Oct 16:30 - 18:30**  
**Sun 05 Oct 15:30 - 17:30**  
**Sat 11 Oct 14:30 - 16:30 \***  
**Sun 12 Oct 15:30 - 17:30**

**Sat 18 Oct 16:30 - 18:30**  
**Sun 19 Oct 15:30 - 17:30**

- **Please note especially the session on 11 October which has a changed time for a Saturday.**

**Sessions on:**  
 Fri 10 Club Champs 2  
 Fri 17 Normal training session

The 13 year old age group and pbs for 75% of the swims here, that's quite an improvement spread around the four individual swimmers. The girls and all swims were pbs, Aimee Hall reducing her 50 free time by nearly half a second and her 50 fly time by a full second. Rebekah Barton in 50 back and breast improving each by over a second and a second place in the back. The boys and a double pb for Ethan Kirby big leap forward by him, over 2 second faster in 50 back and over 3 seconds quicker in 50 breast and gaining a 2<sup>nd</sup> and 3<sup>rd</sup> place in the process, good swims. The other two events completed by Steven Grist and were very competitive!

In the 15 and under age group our individual swimmers Amy Orton (free & back), Alex Williams (breast), Jessica Williams (fly) were all very competitive whilst the boys in Jack Boniface (free & breast) and Will Douglas (back & fly) kept the points coming in.

The open and the return of some former swimmers (still members) just to demonstrate that we can produce those high level swimmers and this pathway is open to all with hard work. In the boys Thomas Barton swimming free, back and fly to take 1<sup>st</sup> place and a demonstration of a very efficient stroke!!! Not to be left out Joe Kivlin went in for the remaining event of 100 breaststroke in the open age group and gained 3<sup>rd</sup> place with a pb nearly a second and a half quicker than ever before! The girls and Fenella Foskett easing to a win in the 100 back and just touched out in the 100 free. Sarah Robson taking her chance in the 100 breast for a 3<sup>rd</sup> place whilst Fran Long completed the 100 fly, never an easy task!

Just an extra thank you to Grace Long and Jack Boniface both of whom swam although not at their best because of recent injuries, we appreciate their commitment to support the team. All in all we could not have done any better at this stage of our club's growth, it was pleasing to see all members make themselves available and compete for the benefit of the club as well as themselves. You can all feel very proud of doing so well in this very competitive gala.



**BIRKENHEAD 180**  
Wallasey 101

**Development League Gala**

**Guinea Gap, Wallasey**

**Sunday 21 September**

Unfortunately Wallasey's pool is only 4 lanes and we could not expand our team as much as we would like to a third (or even fourth) lane! We would normally accommodate all swimmers in these development league fixtures and they can serve as useful introduction to galas and what goes on as well as providing experience in not so good strokes for experienced swimmers. We still select a team to do our best to win the gala but this is always tempered by the interests of the individual swimmers competing.

All swimmers should note that they **MUST** advise if they are attending galas or not. This means replying to the selection email whether the answer is Yes or No. Ability to change teams on poolside because of non attendance or unannounced attendance are very limited.

Overall an excellent performance, as can be seen from the score we were there competing in every race, the only relays we didn't win were the two we were disqualified in! There will be changeover

practice coming in the next few weeks!

The 11 year old boys and in the 50, fly, back and breast a 1-2 in every event Will Jones, Ciaran Doughty and Linus Wilm the swimmers celebrating. In the 50 free Ciaran and Linus racing for 2<sup>nd</sup> and Linus was pulled to a 5 second pb, yes five seconds faster than ever before, with only a tenth of a second between them at the finish. Welcome also to Carl Mullen who has just joined the club, he swam in two relays in this gala but I'm sure will be participating in many more swims in the future! In the girls peculiarly the same story. Only headed in the 50 free but Poppy Pleavin still got a pb in this by over a tenth of a second. Another with a pb was Lucy Horman just returning from holiday and finding herself over 2 seconds quicker in the 50 back, she later did this same event in the 13 year old age group and reduced her pb by another third of a second. In the same race in the 13 year olds Chloe James was also getting faster by two seconds as they both competed to the finish. Rebekah Barton took the 50 breast and Chloe the 50 free in the 13 year olds as well as their above pbs. In the 13 year old boys, Lucy's brother was not to be left out. Will took a second off his best 50 free time and was just touched out for 1<sup>st</sup> place. Will Jones (fly), Reece Kirby (breast) and Ciaran Doughty (back) all gained 1<sup>st</sup> places in individual races in this age group.

On to the open age group and some major pbs for Reece Kirby, times 8 seconds faster for 100free and 18 seconds faster for 100 breast show a great improvement, he also won the 50 fly!. Steven Grist also recorded two pbs whilst winning the 100 breast by two tenths of a second and the 100 back by over two seconds, a good day for him, with real improvement. The open girls and a win in 3 out of the four strokes, only breast stroke missing, but in that Lydia Hignett earning a 3 second pb with a strong swim. Lydia also won the 100 free. Sarah Robson was the

other swimmer to record a new pb by over 3 secs in the 50 fly whilst winning that event.

This development League is decided by total points scored in all the galas of which there are five. We have competed in four of these galas now and are in a strong position to do well at the end of the season. I've listed the scores so far in the table below:

	Beb	Bir	EP	Hoy	Wa	Wo
Be	X	134	100	150	120	159
Bi	149	X	128	146	101	
EP	100	159	X	171	138	153
Ho	137	145	115	X	110	129
Wa	168	180	135	191	X	185
Wo	141		123	165	113	X
<b>TOT</b>	<b>695</b>	<b>618</b>	<b>601</b>	<b>823</b>	<b>582</b>	<b>626</b>

Our remaining fixture is against Woodchurch. So to finish in second place we need to beat Woodchurch by 9 points or more! To win the league we would need a total of 206pts and no-one has reached 200 this year! So in that final gala on 25 October the placings for the top three in this league will be decided!



**Echo Cup Gala 2  
Huyton 27 Sept**

Hoylake	284
Crosby	232
L'pool Penguins	224
Ormskirk	215
Bebington	164
<b>BIRKENHEAD</b>	<b>128</b>
Bootle & N L'pool	54

Overall this year we didn't make the final as this is filled by the top 8 teams only in the competition, places are calculated on overall points gained in the two galas so far.

Almost a full team, except in the 9/10 boys, always the age group where it is hard to find good swimmers with all the alternative sports these days! Feel free to ask any friends if they'd like to come down and try swimming?

Good competition and up to a high standard in all events so Lucy Horman's victory in the 9 year old 25 free was very impressive, especially only recently returned to training after long hols! She also swam the fly whilst Halle Jones and Danielle Young completed the 25m back and breast. In the 9 year old boys only Robin Hignett available so no relays and a few swims for him, not surprisingly no PBs!

10 year old girls and the swims were shared between Kate Douglas and Zoe Carless to ensure we gained points across all strokes. The 10 yo boys and Will Horman taking 2<sup>nd</sup> in the 50 free with a half second pb, like his sister faster after the hols! Billy Jardine completing a good 50 breast and Ellis Cleworth doing back and fly, a two tenths pb in the back and first place in the fly another fine performance.

Niamh Wylde and Grace Long completing the events in the 11 year old girls whilst Ciaran Doughty did the back and breast for the boys. Reece Kirby completed the remaining two events in the boys recording a pb in the 50 fly by almost a third of a second whilst gaining a 2<sup>nd</sup> place in the free.

12 year old girls and Grace Long swimming up to complete the 50 back, Millie-May Pleavin with the 50 free while Ruby Hearn did the 50 breast and fly, the breaststroke a pb by a third of a second as she continues to improve. The 12 year old boys and Josh Davies and Steven Grist sharing the swims. Steven edged in a pb in his 50 fly by just 5 hundredths of a second, but they're all improvement!!

**Club Champs 1**

OK 1<sup>st</sup> round of club champs was held on Sunday 28 Oct. The results and pbs will be in the next club newsletter. Remember you can gain points in every event of club champs to count in deciding the overall age group champions. Any queries please speak to Nic, Pete or Sarah.

ENTRY FORMS ARE REQUIRED PRIOR TO THE CLUB CHAMPIONSHIP EVENTS with a fee of £7.50 for any number of events.

**FORWARD PLANNING**

**LOOKING AHEAD**

**GALAS/EVENTS**

**10 Oct Club Champs 2**

**12 Oct L'pool Dev League**

**18/19Oct Penin Champs1&2**

**25 Oct Dev v Woodchurch**

**02 Nov Dev All Clubs Europa**

**08 Nov Club Champs 3**

**09 Nov Club Champs 4**

**15/16Nov Penin Champs 3&4**

**22 Nov Club Champs 5**

**23 Nov Club Champs 6**

**29/30Nov Penin Champs 5&6**

There is also a coach training course running on the dates below. This will take place during our normal sessions. Some of these sessions will be extended to 2 hours at the weekend and we would appreciate all swimmers staying who can. You will see some new coaches from the club being trained and if you'd like to follow in their footsteps please discuss with Nic Winter.

**03 Oct ALL SESSIONS**

**04 Oct BELOW ARE**

**05 Oct TWO HOURS LONG**

**11 Oct 14:30 – 16:30 earlier!**

**12 Oct 15:30 – 17:30**

**18 Oct 16:30 – 18:30**

**19 Oct 15:30 – 17:30**

The course is run with an ASA tutor working in conjunction with our chief coach. The above course will provide coaches to the 6 Wirral clubs and will mean approx 20 more coaches available on Wirral. Four of our own coaches are participating so please do all you can to support them.

**CLUB TRAINING FEES**

The club committee fully discussed the clubs direction, organisation and finances at their meeting on 01 October. From this analysis certain decisions have been taken that will have an effect on the amount of charges and the manner in which they are levied. These changes are designed to enable and secure the clubs future expansion over the coming years.

I've explained the changes below and attached a table of the new charges which will come into effect on November 01<sup>st</sup>, please direct any queries to Nic, Sarah or Pete.

**CHECK OF PAYMENTS**

Please check the payment amount of your standing order against the current changes and that it is actually in payment and continues to operate. As I advised at the parents meeting we still have standing orders operating at the fee level prior to last April and some that have stopped despite the members continuing to attend.

**PAYMENT DATES FOR STANDING ORDERS**

We currently need to ensure that all appropriate fees are paid at the correct rate and time. In order to do this we will ask for all standing orders to be paid by the 5<sup>th</sup> of the month being paid for.

We understand some wish to use dates outside of 1<sup>st</sup> – 5<sup>th</sup> of the

month, if this is the case then we will require payment to be made prior to the 1<sup>st</sup>. The payment will be credited to the month following. This will allow us to check all payments have been made by 5<sup>th</sup> of the month and raise any queries. This may involve a one off adaption to the current payments to bring them into line with this timetable. If the current month is being paid for after the 5<sup>th</sup> two monthly payments may be required so that the future payments are in cycle, please feel free to discuss if this applies to you.

**PAYMENT FOR INDIVIDUAL SESSIONS (ADHOC SWIMS)**

This method of payment for sessions will be slightly altered. There will be a monthly charge of £5 to be paid every month by standing order so that club members can attend sessions on an adhoc basis. This payment will be required on the same timing as the monthly standing orders. This is to allow for the fact that although these members may not attend regularly there are still base costs that the club incurs every month to ensure the water time is available to them when they do attend. The adhoc payment rate will still then be required to be paid before the start of the session it is wished to utilise.

**PAYMENT BY WATER POLO PLAYERS**

Access to swim training sessions will be as detailed in previous two

paragraphs – adhoc or monthly standing order, however the £5 monthly fee will be payable in every case, They can also choose the high level club option:

**PAYMENT BY MEMBERS OF HIGH LEVEL CLUBS (WIRRAL METRO & City of Liverpool)**

These swimmers can have access to payment for individual sessions or can have a monthly contract for both Picton and Leasowe at the single pool rate. This is to recognise the fact that they have other costs associated with their high level club.

**ANNUAL ASA FEES 2015**

These need to be paid yearly and are due in February each year. The level of this registration fee is set by the sports governing body in the UK, the Amateur Swimming Association (ASA). We will collect these fees early in the new year. For this year they are approx:

Category 1 around £14.50 swimmers in club, not in open galas.

Category 2 around £32.00 Swimmers in club competing in open galas

Category 3 around £11.50 Officials, etc.,

The club is committed to providing support for its members and in the event that you have any difficulties with fees or the provision of necessary equipment please speak, in strictest confidence, to the Chairman, Roy Smither on 644 0653

No' of swimmers	Use of Leasowe only	Use of Picton only	Use of Picton and Leasowe
1	£5 subscription fee and £25 training fee Total £30	£5 subscription fee and £40 training fee Total £30	£5 subscription fee and £40 training fee Total £45
2	£5 subscription fee and £40 training fee Total £45	£5 subscription fee and £40 training fee Total £45	£5 subscription fee and £50 training fee Total £55
3	£5 subscription fee and £50 training fee Total £55	£5 subscription fee and £50 training fee Total £55	£5 subscription fee and £60 training fee Total £65
Squad Swimmers (members of Metro, CoLSC & water polo.			£5 subscription fee and £25 training fee Total £30
Pay as You Go Option			£5 subscription fee and £5 session fee payable to coach before entering the water