

# PENINSULAR GROUP OF SWIMMING CLUBS.

(Affiliated to ASA North West Region)

## 50m SPRINT MEET

(Held under A.S.A. Laws and F.I.N.A. Technical Rules)

At Europa Pools Birkenhead  
Sunday 31<sup>st</sup> May 2009.

Entry Form.

Session 1	Distance/Stroke
Event 101	Mens 50m Br/s
Event 102	Ladies 50m Bk/s
Event 103	Mens 50m Fly
Event 104	Ladies 50m Fr/s

Session 2	Distance/Stroke
Event 201	Ladies 50m Br/s
Event 202	Mens 50m Bk/s
Event 203	Ladies 50m Fly
Event 204	Mens 50m Fr/s

**Session 1 Warm-up time is 12.30 for a 13.00 start.**

- Age Groups are :- 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs & 17+.
- All Age Groups are Heat Declared Winners.
- Top three in each Age Group will be presented with awards.
- Age at 31/12/2009



.....Please tear off & return with correct fee.....

**Club:-**

Name of Swimmer: \_\_\_\_\_ D.O.B. \_\_\_\_\_

Age on 31.12.2009 \_\_\_\_\_

(Times must be converted to 25m pool length)

	MALE Times		FEMALE Times
50m Breaststroke	.	50m Breaststroke	.
50m Backstroke	.	50m Backstroke	.
50m Butterfly	.	50m Butterfly	.
50m Freestyle	.	50m Freestyle	.

Entries: \_\_\_\_\_ @ £3.00

TOTAL: £ \_\_\_\_\_

Please Return to: - Nic Winter

By:- 22<sup>nd</sup> May

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- Closing date 22<sup>nd</sup> May 2009